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determining cyclic patterns of traffic communication activity, in response to the traffic communications record by determining daily patterns of traffic communication activity; and control communications with reducing the communications network during periods determined to have low communication activity, wherein the communications between the base station and the mobile station include a slotted mode of operation where the mobile station monitors broadcast messages transmitted at a first periodic rate and, after control communications have been reduced, the mobile station monitors broadcast messages transmitted at a second periodic rate, slower than the first rate.

- 1 16. (Amended) In a wireless communication networks, a method for
- 2 adaptively modifying the sleep-mode behavior of a mobile station,
- 3 wherein the wireless communications network includes a base
- 4 station to transmit broadcast messages monitored by the mobile
- 5 station, the method comprising:

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maintaining a record of traffic communications to a mobile station;

8 determining cyclic patterns of traffic communication 9 activity, in response to the traffic communications record;

10 reducing control communications with the wireless
11 communications network during periods determined to have low
12 traffic communication activity,

initiating a mobile station traffic communication;

supplying a warning from the base station message service

15 that the initiation of the traffic communication with the mobile

16 station will be delayed.

18. (Amended) In a wireless communications network, a system for adaptively modifying the sleep-mode behavior of a mobile station, the system comprising:



a mobile station having a wireless communications port to communicate traffic and control communications with the wireless communications network;

an interacting memory, microprocessor, and software application of machine executable instructions to maintain a record of mobile station traffic communications and, in response to the traffic communications record, determining cyclic patterns of traffic communication activity, wherein control communications are reduced between the mobile station and the wireless communications network during periods determined to have low traffic communication activity; and

a base station to transmit broadcast messages monitored by the mobile station, the base station decreasing the frequency of transmitted broadcast messages when control communications between the wireless communications network and the mobile station are reduced.

20. (Amended) The system of Claim 19 wherein the memory maintains 2 a record of communications which include a record of traffic 3 communications to the mobile station over a period of time

greater than a day; and

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wherein the software application determines daily patterns of traffic communication activity from the stored record of traffic communications.